Please amend the claims as follows:

1. (Currently Amended) A method of manufacturing a shaped light metal article, comprising the steps of:

performing a pre-plastic working heat treatment on an article for plastic working to produce blisters in a surface thereof due to expansion of gas included therein, the pre-plastic working heat treatment being performed at a temperature in a range of 350 to 450 °C for between 16 and 20 hours, and the article for plastic working being made of light metal material and including internal defects wherein the internal defects are no more than 10% of a volume thereof;

forming a plastic worked article by plastic working an the article for plastic working made of light metal material of which the blisters are produced in the surface; and

subjecting the plastic worked article to a post-plastic working heat treatment at a temperature in a range of 250 to 400 °C for between 20 minutes and 10 5 hours.

- 2. (Original) The method of manufacturing a shaped light metal article according to claim 1, wherein the light metal is a magnesium alloy.
 - 3. 8. (Canceled)
- 9. (Original) The method of manufacturing a shaped light metal article according to claim 1, wherein the article for plastic working is formed by solidifying semimolten light metal.
- 10. (Original) The method of manufacturing a shaped light metal article according to claim 1, wherein the article for plastic working is formed by injection molding molten light metal.
- 11. (Original) The method of manufacturing a shaped light metal article according to claim 10, wherein the molten light metal is in a semimolten state below a melting point of the light metal.